

Name: _____ Date: _____

EMS: _____ FIRE: _____ RES-Q: _____ CMNTY: _____ LDR: _____ Total Score: _____

Experience Self-Assessment

<i>Enter answer in the non-grayed column</i>		EMS	FIRE	RESQ	CM NT Y	LDR
How many times have you been the primary EMS provider on an EMS call?	1					
How many times have you done CPR on a real person?	1					
How many years have you been an EMT? (total years as an EMS provider)	1					
How many times have you driven an ambulance?	1					
How many EMS "saves" have you participated in?	1					
How many years have you been a Firefighter?	2					
How many times have you been the nozzle person on a structure fire?	2					
How many years as a state certified Firefighter?	2					
How many years as a state certified Fire Instructor?	2					
How many years as a state certified Fire Officer?	2					
How many times have you driven a fire truck?	2					
How many times have you pumped an engine on an emergency response?	2					
How many times have you drafted water from a porta-pond or other water source?	2					
How many times have you performed hose testing?	2					
How many times have you been the nozzle person on a car fire?	2					
How many 1 st alarm structure fires have you attended?	2					
How many multi-agency structure fires have you attended?	2					
How many times have you ventilated a roof?	2					
How many times have you actively been involved in wildland firefighting?	2					
How many times in the last year have you visited/trained at another fire station?	2					
How many times have you trained or performed avalanche rescue?	3					
How many times have you trained or performed flat or swift water rescue?	3					
How many times have you used extrication equipment to remove a door or roof from a vehicle?	3					
How many times have you trained or performed low angle technical rope rescues?	3					
How many times have you trained or performed high angle technical rope rescues?	3					
How many times have you trained or performed patient packaging for technical rescue?	3					
How many times have you performed fire inspections at businesses?	4					
How many times have you performed home "safety" surveys for others?	4					
How many times have you taught community level CPR classes?	4					
How many times have you provided school public education?	4					
How many times have you taught public fire extinguisher classes?	4					
How many times have you taught other public education?	4					
How many total years have you volunteered in activities outside of Fire/EMS services?	4					
How many times have you been assigned a sector role at an emergency event?	5					
How many times have you been command on a brush fire?	5					
How many times have you led fire department training activities?	5					
How many years have you been a fire department Officer?	5					
How many times have you been command on an extrication?	5					
How many times have you been command on a structure fire?	5					
How many multi-agency structure fires have you attended in a command role?	5					
How many times have you coached a firefighter to improve his or her personal performance?	5					
Total the values in each column, place totals in headings at top of page						